



**Saturday
March 21, 2020
10:00am**



**8K & 4K
Trail Run**

**REGISTER
ONLINE!**

**STOP BY
RUNNING LAB**
328 W. MAIN STREET, BRIGHTON

**OR MAIL IN
FORM BELOW!**

<https://runsignup.com/race/mi/brighton/NFATrun>

COST

BEFORE 2/15/20: \$20
2/15/20-3/19/20: \$25
3/20/20-3/21/20: \$30
18 & UNDER: \$20 anytime

PACKET PICKUP

EARLY: Running Lab
Friday, 3/20/20, 4:30-7:30p
RACE DAY: At park, 8:30-9:30a

LOCATION

Huron Meadows Metropark:
8765 Hammel RD, Brighton
\$10 vehicle entry or Annual
Metropark Pass required (\$40)

COURSE

Scenic, wooded, well-groomed XC ski trails with varied terrain!

AWARDS

Overall 8K & 4K male & female winners receive Running Lab gift card. Top 3 finishers in each age group receive an award.

DIRECTIONS

I-96 to US-23 South, exit Lee (exit 55). West on Lee to Rickett 1/2 mile. South on Rickett 1.5 miles to Hammel. West on Hammel 1/2 mile, turn right (North) into park. No pets on the course.

MAIL IN FORM

Fill out form below. Make checks payable to "B.A.R.S." & send to P.O. Box 1141, Brighton, MI 48116 For more info, email info@nofrillsallthrillsrace.com or visit www.brightonarearoadstriders.org

Name: M F Race - 8k 4k
Address: City: State: Zip:
Phone: Email: DOB: Age on 3/21/20:
Emergency Contact Name: Phone:

Wavier: In consideration of your accepting this form, I hereby for myself, my executors, my heirs and administrators, waive and release all rights and claims for damages I may have against the Brighton Area Road Striders, Huron Meadows Metropark, the sponsors of this event, its agents, representatives, successors and assigns, for any and all injuries suffered by me and said run, of which may arise out of my travel to, participating in, and returning from the event.

Signature: _____ (adults must sign for minors)